



The Cathedral Church of England Voluntary Aided Primary School



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Colossians 3: 13 Just as the Lord has forgiven you, so you must also forgive others

Friday 15th March 2024

Message from the Headteacher

Dear All

As we move through Lent and our theme of forgiveness, Class 11 brought their reflections and deeper thinking to everyone in Thursday's worship. Well done to them and Miss Byford for facilitating this exploration!

We continue to value and be successful as a school in our sporting endeavours. Large numbers of our pupils attended both the KS1 and KS2 cross country events on Tuesday. A great effort from everyone and fantastic results for the children who achieved medals. On Wednesday, the hockey team finished mid-table. The football and netball matches were played in excellent sporting spirit and were a loss and a win respectively. Being able to take part in these events with all of the individual benefits they bring to the children's development is due to both the determination of the staff and our parent helpers who are so generous with their time. Funding for transport is supported by Sports Premium funds; a legacy of the 2012 Olympics which we hope to continue receive at least for the next twelve months. Through our sports partnership, Year's three and 4 had an additional coaching sessions for Futsal. School Council continued their work on democracy and courageous advocacy with Grace @citizensuk. The school is a founder member of the Chelmsford group.

The Infant Music Festival, well-prepared for by staff and supported by helpers for the walk, beautifully performed by our Year 2 children was a great success. Well done to all involved. It remains a very special part of being a Chelmsford school. Huge thanks and respect to the committee of retired teachers who provide this with dedication and passion each year. Our own Mrs Miller was the accompanist for two performances a day every day of the week. This not only requires musical skills, but stamina!

After school hours, staff attended training at other schools under the CTSA and Mrs Southgate and Miss Jamieson led a workshop on the creativity in the curriculum following a project they are working on to benefit all our pupils.

There is a lovely display of crocuses from the bulbs were given by the Rotary Club and the "garden tidying" team of volunteers were a huge help this week. The renovation of the play area: the removal of the tyres and trim trail happens next week. This has a huge impact on our outside space including managing to get staff on site. We are grateful to the Dean for help with parking at Guy Harlings to help us manage the logistics. Entry into school and leaving at the end of school will be by the usual Waterloo Lane gate, but for the minimal time to allow the work to continue. Collection form all clubs and extra-curricular activities as well as CASP will be via the Reception entrance. We will not be able to use the wooden gate at the Riverside end next week.

Wishing everyone a happy weekend

Kind regards

Linda Wiskin

Advance notice.

On Monday 18th March, the tyres and trim trail are being removed and the new play area is being installed. This means that space on site is severely reduced for the following 7/8 days before the Easter break. Clubs and extra-curricular activities will happen as usual, but pick up from those and CASP that week will be via the front entrance at Reception. There will be a half hour break in activities for children to come in via the usual gate in the morning from 8.40 am and leave at 3.20pm. Reminders about this will be sent next week so everyone is informed and ready.

Key Dates for Your Diary

- New Play Area Installation 18.03.2024 - 28.03.2024
- **Y4 MHST Workshop** **18.03.2024 3:30pm**
- Middle School Assembly Class 6 21.03.2024
- Easter Service—Cathedral 22.03.2024 2pm
- **EYFS Mum's Afternoon** **26.03.2024 1:45pm**
- Good Friday & Easter Monday 29.03.2024 & 01.04.2024
- Easter Holiday 02.04.2024—12.04.2024
- School Choir Guesting at St Andrew Church 11.05.2024
- IOW Year 6 residential visit 03.06.2024 –07.06.2024
- Provisional Sports days EYFS & KS1 13.06.2024
- Middle & Upper school 14.06.2024
- Lunchtime Concert 21.06.2024
- Year 4 Sleepover 28.06.2024
- Leavers Service 09.07.2024

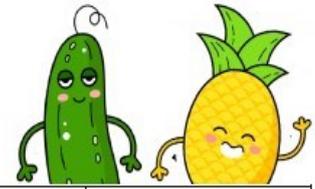
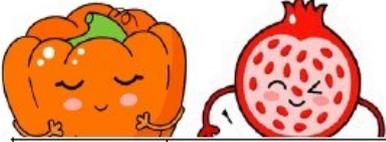
[Please view our calendar for all events](#)

Bold recently added

Lunch Menu week commencing 18th March 2024

THE CATHEDRAL SCHOOL

Week One Lunch Menu



MONDAY	OPTION 1 Moroccan Chicken Savoury Rice with Mixed Veg	OPTION 2 Jacket Potato Cheese, Beans or Tuna Salad	Dessert Fruit Crumble & custard
TUESDAY	OPTION 1 Homemade Chicken Pie Potatoes Seasonal Vegetables	OPTION 2 Cheese Pinwheels Potatoes Seasonal Vegetables	Dessert School's Favourite Sponge
WEDNESDAY	OPTION 1 Mixed Grill Pork sausage, hash browns Baked beans	OPTION 2 Vegetarian Mixed Grill Quorn sausage, hash browns Baked beans	Dessert Flapjack
THURSDAY	OPTION 1 Macaroni Cheese Salad	OPTION 2 Cheese & Tomato Pasta Cheese Optional Salad	Dessert School's Favourite Biscuit
FRIDAY	OPTION 1 Omega 3 Fish Fingers Chips, Peas	OPTION 2 Cheese & Tomato Pizza Pasta, Salad & Sweetcorn	Dessert Fruit Day & Cream

Also available daily;

Fresh bread, salad, yoghurt, fresh fruit, milk and water

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our [website/parent's page](#)



Nut Free School The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in their snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

Weekly Special Achievement Awards



EYFS

Nyrah N

Tommy J

Lower School

Bernie W

Esme G

Reuben G

Middle School

Marney W

Eva B

Bonnie G

Upper School

Millie A

Gabriel A

Rose R

Cross Country

EYFS and KS1

Wow!

What incredible efforts from everyone at cross country this morning. It takes a special sort of person to run in the rain and we are immensely proud of your efforts EYFS and KS1.

You represented Cathedral school wonderfully, cheering for one another as well as your peers from other schools.

A special congratulations to Adam who managed a sprint finish achieved 2nd place in the EYFS boys race and to Isla who put her own success behind her team mate, stopping to help a friend that had fallen and supporting her to the finish line.



Mrs Southgate

KS2

So much pride in the efforts of our runners today as they competed in some of the most arduous conditions I have witnessed in more than 15 years of taking our children to cross-country competition.

The course around the outside of the track got more and more treacherous as the rain bore down and we had plenty of fallers, but they all got up and they all completed the course - some of them even smiling through the mud and lost shoes! Official results have confirmed us as the fifth-placed school overall - here are the breakdowns for each team.

Year 6 girls - 3RD PLACE (Sophie, Isla, Harriet, Bethany, Phoebe, Elizabeth) - 76 points

Year 6 boys - 6TH PLACE (Jack, Max, Harrison, Hugo, Archie) - 128 points

Year 5 girls - 4TH PLACE (Abigail, Nethmi, Erin, Petra, Raizel, Annabel) - 82 points

Year 5 boys - 9TH PLACE (James, Gabriel, Joshua, Ethan, Albie, David) - 155 points

Year 4 girls - 2ND PLACE (Maisie, Olivia, Edha, Kayla, Abigail, Eva) - 74 points

Year 4 boys - 9TH PLACE (Henry, Gabriel, Jackson, Owen, Niko, Shaun) - 154 points

Year 3 girls - 9TH PLACE (Eva, Lily, Poppy, Ivy, Elodie, Michelle) - 108 points

Year 3 boys - 6TH PLACE (Louis, Henry, Jack, Toby) - 181 points

A big thank you to the volunteer parents and all those who brave the weather to support our athletes.

Quicksticks Hockey Tournament

13th March 2024

On Wednesday some Year 5 and Year 6s went to the Chelmsford hockey pitches to play a tournament hosted by CSSP with the help of Chelmsford Hockey Club.

In the tournament there were 28 teams and 104 matches were played. The Cathedral School sent 3 teams of 6 players to compete which came 6th, 7th and 11th. Each team were put in a pool of 7 teams which we had to play against and then every team played one more match to determine our place in the tournament. It was set out so some teams would have breaks in between matches but everyone played at least one set of 2 matches in a row. Janelle said, "It was very exhilarating and a challenge against the other teams but we did our best and I'm very proud of our hockey teams."

Big thank you to Mrs Watts and Mrs Quinn who helped Mr Gilmour with the logistics.

Our 'Black' team was filled with players such as: Joshua, George, Muhammed, Janelle, Archie and Harriet.

Black team won 3 games, drew 2 and lost 2.

Our 'Red' team consisted of: Jack, Oliver B, Henry, Raizel, Felicity and Annabelle.

Red team won 5 games and lost 2 games.

Our 'White' team were: Oliver S, George B, Jude, Charlie, Eleanor and Jamie.

White team won 4 and lost 3 games.



Football & Netball League Matches

On Wednesday we hosted a rescheduled football league match against Baddow Hall Primary school. After Baddow Hall scored first The Cathedral School scored two quick goals. Just before half time Baddow Hall equalized and scored to go into the lead.

The second half started with Baddow Hall being more positive and they scored 2 unanswered goals, we managed to get a late consolation goal but the final score was a dispiriting 3-5. Our team was Elliott, Harrison, Max, Daniel, Milo, Jack, Oliver, Kachi and Laurence.

We have our first away match next week against Moulsham Junior.



A great start to the new netball season yesterday with a 14-3 win against Mildmay Primary School.

The team Daniel, Holly, Lucy, Sophie, Isla, Bethany & Oliver played superbly well!

WBD Competition Winners

These are the World Book Day competition winners, each winner receives a £5 book voucher.



Grace S Class 7
Bethany F Class 10
Annabel L Class 9
Larah KL Class 3
Evangeline R Class 1
Chloe C Class 4
Poppy W Class 4
Natalia D Class 1



Grow Yow Well-Being



Friday the 15th March is national World Sleep Day.

SOME SIMPLE TIPS FOR IMPROVING YOUR SLEEP

TIP 01
Keep regular sleep hours

TIP 02
Attempt not to check your phone for an hour before bed

TIP 03
Consider turning your clock away so you can't see it

Bedtime Routine

- Have a Bath
- Put PJ's on
- Brush Teeth
- Go to the Toilet
- Read a Book
- Sleep Time

Kid's Sleep Hygiene

CHECKLIST

- 1 Consistent Bedtime Routine
- 2 Regular Sleep Schedule
- 3 Electronics Curfew
- 4 Comfortable room, quiet, no blue/white lights
- 5 Reduce sleep anxiety with open talk throughout the day



Wishing you a restful weekend!! Mrs Burnham and Pastoral Team

Residential Trips

Year 6 final instalment of £100 is due today for the Isle of Wight trip.



Next instalment of £95 is due for the Year 5 (current Year 4)
Kingswood residential trip is due on 28th March.





We would like to share information from our wider community with you such as; local events, and information from other relevant organisations including special offers.

To visit the Community Page [Click Here](#)

School Crossing Patrol Officer Vacancy

Are you looking for an opportunity to support your local community?

Come and join Essex County Council's School Crossing Patrol Team,
We currently have a vacancy serving:

£11.81 per hour
Term Time Only - Part Time Hours

To apply visit www.workingforessex.com, or call the Resourcing
Team on **0333 013 5888**.



INSPIRED TO DO MORE