



# The Cathedral Church of England Voluntary Aided Primary School



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1 John 4.18 'Perfect love casts out all fear.'

Friday 26th January 2024

## Message from the Headteacher

Dear All,

This week, Class 10 brought their reflections on Courage, enacting situations that need courage and their prayers. Thank you to them for their thought-provoking worship!

It was a pleasure to welcome the Interim Dean to lead worship on Tuesday when we all talked about things we fear; some of the staff ones were ....interesting. He talked to us about our fears and we all recognized the Gruffalo!

Thank you to our volunteers. We have great help from Mrs Read and Mrs Day hearing readers. This week Mrs Knight was on the muddy cross country experience with our fantastic runners! Excellent modelling and encouragement. Volunteers are welcome in school; there is a full safety induction process under safeguarding. We can afford to pay for a certain number of DBS processes each year, please speak to the Mr Gilmour if you are keen to do this.

Sadly today, some teenage boys went past the playground and shouted that Santa is not real, obviously we felt very sad for them that he no longer visits them, but of course this is what happens when you stop believing!

In our learning this week, expertise was increased for pupils and staff alike. Examples were the cutting skills with the creation of cinnamon toast in Design and Technology in KS1 and the quality of writing we moderated in staff meetings this week. Staff in the meantime are undertaking both diocesan training and professional qualifications that impact positively on pupil learning and our special qualities as a Church school.

It was lovely to hear of the success and enjoyment of the New Year's Ball, the PTA undertook with the Cathedral last weekend.

Wishing everyone a blessed weekend,

Linda Wiskin

## Key Dates for Your Diary

- Middle School Assembly Class 7 01.02.2024 2:45pm
- **Year 1 Phonics Screening Check Meeting 07.02.2024 9am**
- Non Pupil Day 16.02.2024
- Half Term 19.02.2024—23.02.2024
- Parents Evening 06.03.2024 & 07.03.2024
- World Book Day 08.03.2024
- Upper School Assembly Class 11 14.03.2024
- Infant Music Festival 15.03.2024
- Middle School Assembly Class 6 21.03.2024
- Good Friday & Easter Monday 29.03.2024 & 01.04.2024
- Easter Holiday 02.04.2024—12.04.24
- IOW Year 6 residential visit 03.06.2024 –07.06.2024
- Provisional Sports days EYFS & KS1 13.06.2024
- Middle & Upper school 14.06.2024
- Lunchtime Concert 21.06.2024
- Year 4 Sleepover 28.06.2024
- Leavers Service 09.07.2024

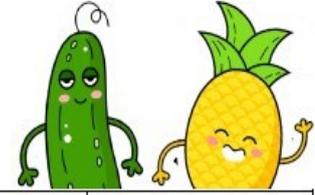
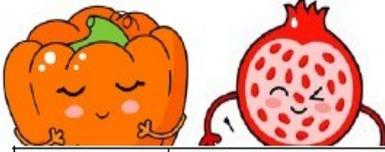
[Please view our calendar for all events](#)

**Bold recently added**

# Lunch Menu week commencing 29th January 2024

## THE CATHEDRAL SCHOOL

### Week One Lunch Menu



MONDAY	<b>OPTION 1</b> Moroccan Chicken Savoury Rice with Mixed Veg	<b>OPTION 2</b> Moroccan Quorn Savoury Rice with Mixed Veg	<b>Dessert</b> Fruit Crumble & custard
TUESDAY	<b>OPTION 1</b> Homemade Chicken Pie Potatoes Seasonal Vegetables	<b>OPTION 2</b> Cheese Pinwheels Potatoes Seasonal Vegetables	<b>Dessert</b> School's Favourite Sponge
WEDNESDAY	<b>OPTION 1</b> Mixed Grill Pork sausage, hash browns Baked beans	<b>OPTION 2</b> Vegetarian Mixed Grill Quorn sausage, hash browns Baked beans	<b>Dessert</b> Flapjack
THURSDAY	<b>OPTION 1</b> Macaroni Cheese  Salad	<b>OPTION 2</b> Jacket Potato Cheese, Beans or Tuna Salad	<b>Dessert</b> School's Favourite Biscuit
FRIDAY	<b>OPTION 1</b> Omega 3 Fish Fingers Chips, Peas	<b>OPTION 2</b> Cheese & Tomato Pizza Pasta, Salad & Sweetcorn	<b>Dessert</b> Fruit Day & Cream

Also available daily;

Fresh bread, salad, yoghurt, fresh fruit, milk and water

*Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.*

*Instructions can be found on our [website/parent's page](#)*

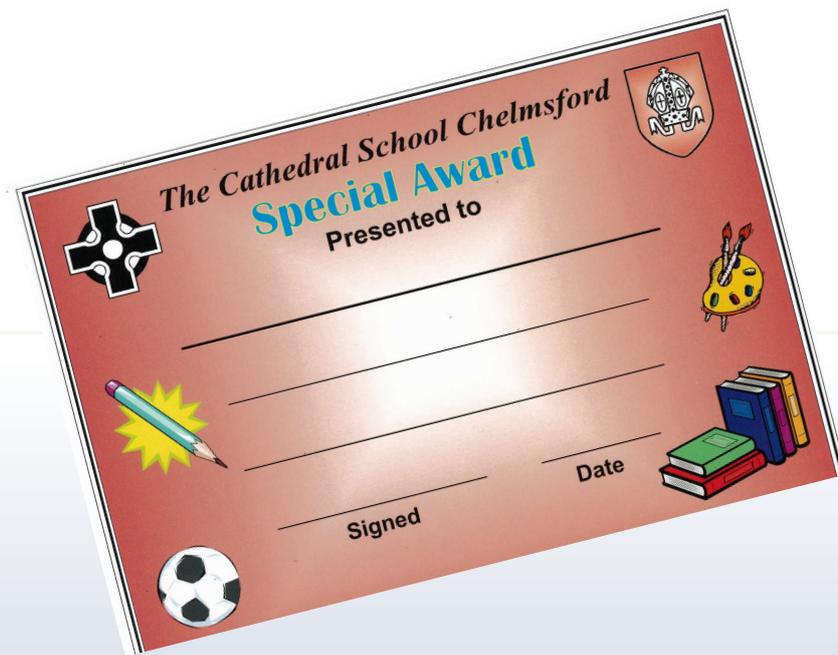


**Nut Free School** The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in their snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

## Weekly Special Achievement Awards



### EYFS

Gabriela K

Enzo S

### Lower School

Christopher A

Brooklyn P

Flynn S

### Middle School

Sienna-Mae W

Elijah H

Maisie Q

### Upper School

Olivia A

Archie W

Sophie K

## January External Achievements!

### CONGRATULATIONS



Liya B - received a certificate of merit award for a wonderful piece of artwork that was selected for publication in an after school club book.

Well done!

It has always been a tradition that we have celebrated external achievements at the school, like swimming, dance, music exams, sport etc. In order to still celebrate these we are requesting that you either email [office@cathedralschool.essex.sch.uk](mailto:office@cathedralschool.essex.sch.uk) with your child's name and reason to celebrate, e.g

*Joe Smith* - player of the match in football

*Sam Lett* – success in a dance competition

These will then be added as an additional page on the newsletter each month. Or, we would also love you to X (formerly Tweet) us @cathschool with a photo of your child or award and their reason, we will then retweet that on to our wider audience. We are so proud of all of the external achievement of our young people – keep up the great work!

## Sports News

Well done to all 12 of our runners who took part in the Pope and Smith Cross-Country League at Writtle University College on Thursday afternoon. With soft conditions underfoot, the Year 4 girls started the event off with Maisie benefitting from a strong start to finish 6th, closely followed by Edha (9th), Olivia (33rd) and Violet (51st) for a total of 109 points. Next, the Year 4 boys scored 149 points thanks to the efforts of Henry (7th), Gabriel (28th), Owen (50th) and Niko (64th).

Finally, our Year 6 girls performed strongly through the efforts of Sophie (10th), Bethany (15th), Isla (20th) and Carrigan (56th). A big thank you to all the parents who either assisted with transport or came to support.

